

WEEK-AT-A-GLANCE

The latest news and updates from Flat Rock Middle School

The WAAG



LOOKING AHEAD

Mon. 10/2 - Custodian Appreciation Day
Tue. 10/3 - <u>Academic team</u> practice 3:10- 4:30pm (602) <u>Art club</u> meeting 3:10- 4:30pm
Wed. 10/4 -
Thu. 10/5 - <u>Academic team</u> practice 7:15am (704)
Fri. 10/6 - <u>Chorus</u> performance @KSU 1:30pm
Sat. 10/7 - Food Forest Fall Festival 2:30-4:30pm

Tomorrow

PARENT UNIVERSITY TOMORROW, SAT. 9/30

We are excited to launch our Parent University Workshops tomorrow to coincide with our first MAAS (Missing Assignment Assistance Saturday) of the school year. We will have sessions for parents to select up to 3 topics. The first 50 parents who RSVP and attend our event will receive an FRMS reusable grocery bag. [Click here if you know you are attending.](#) (You do not need to RSVP to attend, it will just help us for planning purposes.)



WORKSHOPS

SATURDAY, SEPTEMBER 30TH 10-12PM

ANNUAL PARENT MEETING

With Mrs. Cannington

Whether you are dropping your student off for our first MAAS of the school year or are interested in any/all of our 30 minute workshops we welcome all our parents/guardians to attend our first "parent university".

Join us to learn about our 2023-2024 school improvement goals, our Family Engagement Policy and our School Compact.

Lite breakfast items will be provided.



STEAM AT HOME: ECLIPSE PARTY

With Mrs. Thompson

We are lucky enough to experience 2 Solar Eclipses! This fun class will cover what an eclipse is and ideas for viewing them safely and cheaply!

- eclipse art with kids
- building solar eclipse viewers
- sun viewing party
- presentation on eclipses
- eclipses in literature, art, music, movies, etc

JUST ADDED!

SUPPORTING YOUR STUDENT IN MATH

With Dr. Carby

This session will discuss the new K-12 mathematics standards and will highlight the different resources that parents can use to support their children in learning the new standards.

LEARNING WITH LOHR

INFINITE CAMPUS, SCHOOLGY & PARENTSQUARE






CONSCIOUS DISCIPLINE

With Mrs. Kelley

Conscious Discipline for parents is an approach that emphasizes the importance of adult self-regulation in modeling and teaching children effective emotional management and conflict resolution. It shifts the focus from traditional punitive methods to understanding and changing the adult's behavior as a means to guide children positively.

FOR MORE INFORMATION, CONTACT MRS. CANNINGTON AT CANNINGTON.BRENDA@FCBOE.ORG

ANNUAL TITLE 1 MEETING & 4 FAMILY WORKSHOPS



Join us to learn about our 2023-2024 school improvement goals, our Family Engagement Policy and our School Compact. Then stay to attend our workshops on:

- Conscious Discipline with Mrs. Kelley
- STEAM at Home with Mrs. Thompson
- Supporting your Student in Math with Dr. Carby
- IC, Schoolgy & ParentSquare with Mrs. Lohr

Lite breakfast items will be provided.

WILL TAKE PLACE DURING OUR FIRST MAAS

SATURDAY, SEPT. 30TH 10-NOON

For questions, email Mrs. Cannington at cannington.brenda@fcboe.org

Missing Assignment Assistance Saturday

SEPTEMBER 30TH 10AM-NOON



- A 2 hour supervised distraction free environment for your student to complete missing work
- NOT 1 on 1 tutoring
- Student must bring charged Chromebook, supplies needed & know what assignments they have to work on

Register your student now, click here.

For questions, contact Mrs. Cannington at cannington.brenda@fcboe.org

Thank You!

Monday, October 2nd

Custodian Appreciation Day

Students bring in a card or thank you note for our custodians!
Drop off at lunch in designated card box.

Tracey Lattimer, Head Custodian

Greg Whitaker

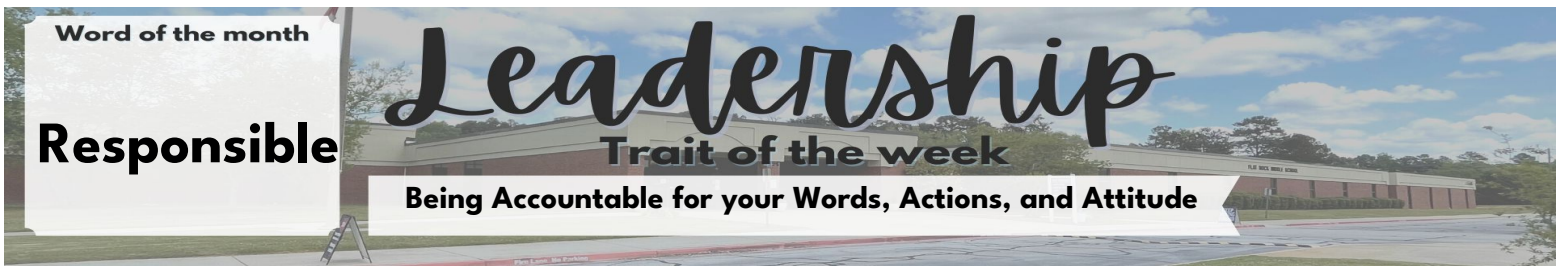
Jimmy Ball

Hong Le

Laura Guadarrama-Martinez

Flat Rock PTO and Students

Thank You!



STUDENT OF THE WEEK - JEREMIAH KHANGURA

The 8B teachers have selected **Jeremiah "Milo" Khangura** for our student of the week. He has set the standard for how to balance a successful academic career while maintaining excellence in his performance on our football team. This student has an incredible work ethic by making sure his assignments are completed and submitted on time. He never hesitates to ask for help when he needs it and will frequently inquire about his status as a student athlete and how he can improve in his content classes. We are very proud of this student and we are glad to call him an 8B Eagle!

GOLDEN EAGLE & EAGLE STAR - "Conscientious"

Every month the school recognizes a teacher and a staff member for embodying positive traits. Congratulations to **Ms. McDaniel** for being named our *Golden Eagle* of the month and to **Nurse Rowell** for being named *Eagle Star* for exemplifying conscientiousness. They both strive to complete every task to the best of their ability.



ACADEMIC TEAM TAKES 2ND PLACE

Shout out to FRMS' Academic Team! They placed 2nd in their very first competition of the season. We are so proud of them and look forward to even more success as they continue to study, practice, and compete throughout the year. Our next competition will be right here at The Rock on Thursday, October 26th, at 5:30. YAY TEAM!- Coaches Haywood, Reed & Skands.

HONORING OUR VETERANS- PICTURES & INFORMATION NEEDED

Attention all family members of FRMS faculty and students who have served in the United States military: We would like to include you in a slideshow that will be presented at our upcoming Veterans Day assembly. Please submit a photo and your service information to <https://forms.gle/eoQBpiKxKdWJA1f47>

NEWEST EAGLE WING AMBASSADORS

Congratulations to **Kayden Melton, Erin Bailey, Mariam Salam, Shiloh White, Addison Alvarez, Brielle Winfrey, Amiya Adepoju, Brielle Simpson, Arth Patel, Gavin Neely, Tianna Clark and Zion Simpson** who were all chosen through teacher recommendations and interviews. Eagle Wing Ambassadors are role models for other students. These students demonstrate strong leadership and communication skills, high moral character, and maintain excellent grades.

8TH GRADE YEARBOOK ADS

Families wanting to recognize their 8th grader with a tribute in the school yearbook can [click here for pricing and information on how to create it.](#)





Stay connected. Be informed.

CLICK ON THE IMAGES FOR MORE INFORMATION



Monday	Tuesday	Wed.	Thursday	Fri.
Oct. 2	Oct. 3	Oct. 4	Oct. 5	Oct. 6
	Math 8th grade ELA 6th grade	Math 7th grade		
Oct. 9	Oct. 10	Oct. 11	Oct. 12	Oct. 13
No school	Personalized learning day			
Oct. 16	Oct. 17	Oct. 18	Oct. 19	Oct. 20
Math 6th grade	Math 8th grade ELA 7th grade	Math 7th grade	Math 8th grade Science 8th grade	
Oct. 23	Oct. 24	Oct. 25	Oct. 26	Oct. 27
Math 6th grade	Math 8th grade ELA 8th grade	Math 7th grade	Science 8th grade	

Students Meeting After School for Help

- Tutoring sessions will be held after school until 4:30pm.
- Students must have transportation home, there will be no bus transportation available.
- Students can only sign up for their specific grade level classes.
- Students can attend more than one tutoring session a week.
- Space is limited to 15 students per session.
- Registration is required to attend.
- If you have any questions, email Mrs. Cannington at cannington.brenda@fcboe.org.

Sign Up Links:

[ELA](#) [Science](#)
[Math](#)

PTO MEETING

Join us for our upcoming PTO meeting! Stay informed and have your voice heard.



Wednesday, October 11, 2023
6:30pm

Zoom meeting link: <https://fcboe-org.zoom.us/j/815215692041>

WE NEED YOU!

STEAM Links

October: FRMS Food Box
Oct. Scarecrows in the Food Forest Contest & Exhibition
Oct. 7th: Food Forest Fall Festival
Oct. 21st: International Observe the Moon Night

For questions, contact Mrs. Thompson at thompson.sarah@fcboe.org

Flat Rock Middle School Fall Festival

Saturday, October 7th 2:30-4:30pm Hosted by the FRMS Food Forest Club

Scarecrows in the Garden Costume Party Pumpkin Patch & Painting Apple Cider

STEAM at FRMS

September STEAM

8th grade STEAM Careers

Every morning you can count on it. In virtually every location around the globe, the Sun rises in the East and sets in the West. This week, we learned how to harness the power of the Sun! Yesterday, we made solar ovens and used the Sun's energy to make S'mores! Check out our video here! [Solar Ovens](#)

A "Handy" Way to Learn Classification

7th grade Science Students in Ms. Johnson's class learn to classify the five kingdoms with a mnemonic device that helps them recall kingdom names, as well as a fact or two about each one.

Origami Organizers

8th grade STEAM Careers

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Leaf Transpiration

Mathew "M.J." Dallas, used his engineering skills and science knowledge to create working 3-dimensional models for his science class at FRMS. After learning about transpiration in his Ms. Haywood's class, M.J. took the initiative and independently designed a 3-dimensional leaf with an irrigation system that illustrated the release of water vapor from the stoma. Way to Go, M.J.!!

THERAPEUTIC STEAM

Ms. McDaniel's and Ms. Mobley's Adapted classes have been learning to identify plant parts, and learning to classify what they see.

Upcoming Events

9/30: Solar Eclipse Family Activities at FRMS
10/14: Solar Eclipse. The eclipse should begin at 11:43 am, max at 1:12pm, and end around 2:45pm.
10/21: International Observe the Moon Night (VIRTUAL EVENT)
Ongoing: Food Box Subscription. Pay through MySchoolBucks

Questions? thompson.sarah@fcboe.org

Community Events

CLICK ON THE IMAGES FOR MORE INFORMATION

SIGN UP NOW!

BASKETBALL LEAGUE

Be a part of the *intentional sports experience* everyone is talking about!

UPWARD SPORTS

How Do I Sign Up?

New Hope North Baptist Church
Gym-Fayetteville GA
551 New Hope Rd
Fayetteville, GA 30214

Registration Information

Register Online at:
<https://registration.upward.org/UPW84835>

The registration cost per child for **Basketball** is **\$135.00**.
Discounts Available For Multiple Siblings!
Deadline for registration is **11/20/2023**.
Sign Up Now!!!
(While Spaces Are Available)

Evaluation and Orientation

Evaluations will be held **Saturday, November 4, 2023, from 9AM - 12PM**.
New Hope North Gym
551 New Hope Rd, Fayetteville, GA 30214

More Information Will Be Sent Out Via Email
As We Get Closer To The Season.
Practices Will Begin The Week After Thanksgiving.

Who Do I Contact

Al Mead or TaJuanna Taylor
tajuannat@newhopebc.org
678-827-7917

VIRTUAL S.T.E.P.

FALL 2023 Session

Systematic Training for Effective Parenting

Presenter – *Maria Sherrod*

Dates:

MONDAYS

6:30 pm – 8:00 pm

September 11, 18, 25
October 2, 16, 23, 30
November 6

*No Meeting on Oct. 9th

This course will be held on Google Meet for all Fayette County parents.

Register using this QR Code:



SCAN ME
Ph# 770-460-3565

*Gain confidence in your approach to parenting!
*Better understand your child's behavior.
*Learn strategies to help your child become responsible for their behavior!

**ENROLLMENT NO LONGER POSSIBLE
AFTER 3RD NIGHT OF CLASS.**

Register for the course by scanning the QR Code above or click this link:

[S.T.E.P. Course Registration Form](#)

Please register early! Books are limited!

ATLANTA FALCONS

Fayette County Education Foundation Fundraiser

PURCHASE TICKETS HERE

SUNDAY, OCTOBER 15th at 1:00PM | vs COMMANDERS

This Package Includes:

Discount tickets available to staff, family, and friends

A portion of each ticket will benefit Fayette County Education Foundation

For more information please contact:
Terrell Wilson at 470.341.5308 OR terrell.wilson@Falcons.nfl.com

PILE ON YOUR FALL FAVES

SCORE FLEECE, JACKETS & MORE

UN VISTAZO DE LA SEMANA

Las últimas noticias y actualizaciones de Flat Rock Middle School



PROXIMA SEMANA

Lunes 10/2 - Día de Agradecimiento al Custodio
Martes 10/3 - <u>Equipo Academico</u> Practica 3:10- 4:30pm (602) <u>Club de Fotografía</u> Reunión 3:10- 4:30pm
Miercoles 10/4 - <u>Football</u> Playoffs Round 1: 5:30pm @TBD
Jueves 10/5 - <u>Equipo Academico</u> Practica 7:15am (704)
Viernes 10/6 - Presentación de <u>Coro</u> @KSU 1:30pm
Sábado 10/7 - Festival de Otoño de la Granja de Alimentos 2:30-4:30pm

mañana

UNIVERSIDAD PARA PADRES MAÑANA, SABADO 9/30

Estamos emocionados de lanzar mañana nuestros Talleres Universitarios para Padres que coinciden con nuestro primer MAAS del año escolar (Sábado de Ayuda con Tareas Faltantes). Tendremos sesiones para que los padres seleccionen hasta 3 temas. Los primeros 50 padres que confirmen su asistencia y asistan a nuestro evento recibirán una bolsa de supermercado reutilizable de FRMS. [Haga Click Aquí Si va a Asistir.](#) (No es necesario confirmar su asistencia para asistir, esto solo nos ayudará con la planificación).

REUNIÓN ANUAL DE TÍTULO 1

& 4 TALLERES PARA FAMILIAS




Únase a nosotros para conocer nuestras metas de mejora escolar para 2023-2024, nuestra Política de Participación Familiar y nuestro Acuerdo Escolar. Luego quédese para asistir a nuestros talleres sobre:

- Disciplina de Conciencia con la Sra. Kelley
- STEAM en Casa con la Sra. Thompson
- Apoyo en Matemáticas con el Dr. Carby
- IC, Schoology y ParentSquare con la Sra. Lohr

Se proporcionarán alimentos ligeros de desayuno.

TENDRÁ LUGAR DURANTE NUESTRO PRIMER MAAS (SÁBADO DE AYUDA CON TAREAS PENDIENTES)

SÁBADO 30 DE SEPTIEMBRE
10AM A 12PM

Si tiene preguntas, envíe un correo electrónico a la Sra. Cannington en cannington.brenda@fcboc.org



TALLERES

SABADO, SEPTIEMBRE 30 10-12PM

REUNION ANUAL DE PADRES CON

con la Sra. Cannington

Ya sea que vaya a dejar a su hijo para nuestro primer MAAS del año o que esté interesado en alguno o todos nuestros talleres de 30 minutos, damos la bienvenida a todos nuestros padres/tutores a asistir a nuestra primera "Universidad Para Padres". Únase a nosotros para conocer nuestras metas de mejora escolar para 2023-2024, nuestra Política de Participación Familiar y nuestro Acuerdo Escolar. Se proporcionarán alimentos ligeros para el desayuno.



STEAM EN CASA: FIESTA DE ECLIPSE

con la Sra. Thompson

¡TENEMOS LA SUERTE DE EXPERIMENTAR 2 ECLIPSES SOLARES! ÉSTA DIVERTIDA CLASE CUBRIRÁ QUE ES UN ECLIPSE Y ALGUNAS IDEAS PARA VERLOS DE FORMA SEGURA Y ECONÓMICA.

- ARTE DE ECLIPSE CON NIÑOS
- CONSTRUYENDO VISORES DE ECLIPSES SOLARES.
- FIESTA PARA VER EL SOL
- PRESENTACIÓN SOBRE ECLIPSES
- ECLIPSES EN LITERATURA, ARTE, MÚSICA, CINE, ETC.

RECIENTEMENTE ADICIONADO

APOYANDO A SU HIJO EN MATEMÁTICAS

con el Dr. Carby

Esta sesión discutirá los nuevos estándares de Matemáticas de K hasta 12 y resaltará los diferentes recursos que los padres pueden usar para ayudar a sus hijos a aprender los nuevos estándares.

LEARNING WITH LOHR

INFINITE CAMPUS, SCHOOLGY & PARENTSQUARE





DISCIPLINA CONSCIENTE

con la Sra. Kelley

La Disciplina Consciente para padres es un enfoque que enfatiza la importancia de la autorregulación de los adultos a la hora de modelar y enseñar a los niños una gestión emocional y una resolución de conflictos eficaces. Cambia el enfoque de los métodos de castigo tradicionales a comprender y cambiar el comportamiento del adulto como medio para guiar a los niños positivamente.




Conscious Discipline

PARA MÁS INFORMACIÓN, CONTACTE A LA SRA. CANNINGTON EN [CANNINGTON.BRENDA@FCBOE.ORG](mailto:cannington.brenda@fcboc.org)

Sábados de Ayudas para Tareas Pendientes

SEPTIEMBRE 30 DE 10AM A 12PM



#whereeaglesat

- Un espacio de 2 horas, supervisado y libre de distracciones para que su hijo complete las tareas pendientes
- No es una hora 1 a 1
- El estudiante debe traer su Chromebook cargado, los útiles necesarios y saber en qué tareas tiene que trabajar

Registre a su hijo ahora, haga click aquí

Si tiene preguntas, comuníquese con la Sra. Cannington en cannington.brenda@fcboc.org

Gracias!

Lunes 2 de Octubre

Día de agradecimiento al custodio

¡Los estudiantes traen una tarjeta o nota de agradecimiento para nuestros conserjes!

1 hora del almuerzo en la caja de tarjetas designada.

Tracye Latimer, Heidi Custodio

Gregg Whitaker

Jenny Ball

Hong Le

Laura Guadarrama-Martinez

PTO y estudiantes de Flat Rock

Gracias

Palabra del mes

Responsabilidad

Liderazgo

Atributo de la semana

Ser Responsable de sus Palabras, Acciones y Actitud



ESTUDIANTE DE LA SEMANA- JEREMIAH KHANGURA

Los profesores de 8B han seleccionado a **Jeremiah "Milo" Khangura** como nuestro estudiante de la semana. Este estudiante ha establecido el estándar sobre cómo equilibrar una carrera académica exitosa manteniendo la excelencia en su desempeño en nuestro equipo de fútbol. Este estudiante tiene una ética de trabajo increíble al asegurarse de que sus tareas sean completadas y entregadas a tiempo. Nunca duda en pedir ayuda cuando la necesita y con frecuencia pregunta sobre su condición de estudiante atleta y cómo puede mejorar en sus clases principales. ¡Estamos orgullosos de este estudiante y nos alegra poder llamarlo Águila de 8B!

ÁGUILA DE ORO Y ÁGUILA ESTRELLA - "Diligencia"

Cada mes, la escuela reconoce a un maestro y a un miembro del personal por representar rasgos positivos. Felicitaciones a la **Sra. McDaniel** por ser nombrada **Águila Dorada** del mes y a la **Enfermera Rowell** por ser nombrada **Águila Estrella** por ejemplificar la Diligencia. Las dos se esfuerzan por completar cada tarea lo mejor que pueden.



EL EQUIPO ACADÉMICO OBTIENE EL 2DO LUGAR

Felicitaciones al Equipo Académico de FRMS! Quedaron en 2do lugar en su primera competencia de la temporada. Estamos muy orgullosos de ellos y esperamos tener aún más éxito a medida que continúen estudiando, practicando y compitiendo durante todo el año. Nuestra próxima competencia será aquí en The Rock el Jueves 26 de Octubre a las 5:30. ¡YAY EQUIPO!- Maestros Haywood, Reed y Skands

HONRANDO A NUESTROS VETERANOS: SE NECESITAN FOTOS E INFORMACIÓN

Atención a todos los familiares de los profesores y estudiantes de FRMS que han servido en el ejército de los Estados Unidos: nos gustaría incluirlos en una presentación de diapositivas que se presentará en nuestra próxima asamblea del Día de los Veteranos. Porfavor envíe una foto y la información de su servicio a <https://forms.gle/eoQBpiKxKdWJA1f47>

NUEVOS EMBAJADORES DE EAGLE WING

Felicitaciones a **Kayden Melton, Erin Bailey, Mariam Salam, Shiloh White, Addison Alvarez, Brielle Winfrey, Amiya Adepoju, Brielle Simpson, Arth Patel, Gavin Neely, Tianna Clark y Zion Simpson**, quienes fueron elegidos a través de recomendaciones y entrevistas de maestros. Los embajadores de Eagle Wing son modelo a seguir para otros estudiantes. Estos estudiantes demuestran fuertes habilidades de liderazgo y comunicación, alto carácter moral y mantienen excelentes calificaciones.

ANUNCIOS DE 8vo GRADO PARA EL ANUARIO

Las familias que quieran reconocer a su hijo de 8vo grado con un homenaje en el anuario escolar pueden [hacer click aquí para conocer los precios y obtener información sobre cómo crearlo.](#)





Manténgase conectado. Esté informado.

HAGA CLICK EN LAS IMÁGENES PARA MÁS INFORMACIÓN

SMASH Tutoring Schedule

Oportunidades para Octubre


Lunes	Martes	Miercoles	Jueves	Viernes
Oct. 2	Oct. 3	Oct. 4	Oct. 5	Oct. 6
	8vo Grado Matemática	7mo Grado Matemática		
	6to Grado Ingles			
Oct. 9	Oct. 10	Oct. 11	Oct. 12	Oct. 13
No school	Personalized learning day			
Oct. 16	Oct. 17	Oct. 18	Oct. 19	Oct. 20
6to Grado Matemática	8vo Grado Matemática	7mo Grado Matemática	8vo Grado Matemática	
	7mo Grado Ingles		8vo grado ciencias	
Oct. 23	Oct. 24	Oct. 25	Oct. 26	Oct. 27
6to Grado Matemática	8vo Grado Matemática	7mo Grado Matemática	8vo grado ciencias	
	8vo Grado Ingles			

- Las sesiones de tutoría se llevarán a cabo después de la escuela hasta las 4:30 p. m.
- Los estudiantes deben tener transporte a casa, no habrá transporte en autobús escolar disponible.
- Los estudiantes solo pueden inscribirse en las clases específicas de su nivel de grado.
- Los estudiantes pueden asistir a más de una sesión de tutoría por semana.
- El espacio está limitado a 15 estudiantes por sesión.
- Es necesario registrarse para asistir.
- Si tiene alguna pregunta, envíe un correo electrónico a la Sra. Cannington a cannington.brenda@fcboe.org.

Haga click en la clase a continuación para registrarse.
Ingles
Ciencias
Matemáticas

PTO MEETING

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Wednesday, October 11, 2023
6:30pm

Zoom meeting link: <https://fcboe.org/zoom.us/j/815215692041>

WE NEED YOU!

Enlaces de STEAM

Octubre: [Caja de Alimentos de FRMS](#)

Oct: [Concurso y Exposición de Espantapájaros en La Granja de Alimentos](#)

Oct. 7: [Festival de Otoño de La Granja de Alimentos](#)

Oct. 21: [Noche Internacional de Observación de la Luna](#)

Si tiene preguntas, comuníquese con la Sra. Thompson en thompson.sarah@fcboe.org

Flat Rock Middle School

Fall Festival

Sábado, Octubre 7 de 2:30-4:30pm Organizado por el Club de La Granja de Alimentos de FRMS


Espantapájaros en el Jardín -Fiesta de Disfraces -Huerta de Calabazas y Pintura -Cidra de Manzana

STEAM at FRMS

September STEAM

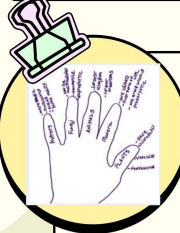
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A "Handy" Way to Learn Classification

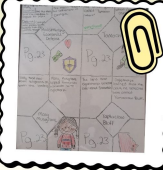
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Eventos de la Comunidad

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VIRTUAL S.T.E.P.

FALL 2023 Session

Systematic Training for Effective Parenting

Presenter – *Maria Sherrod*

Dates:

MONDAYS

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ATLANTA FALCONS

Fayette County Education Foundation Fundraiser

PURCHASE TICKETS HERE

SUNDAY, OCTOBER 15th at 1:00PM | vs COMMANDERS

This Package Includes:

Discount tickets available to staff, family, and friends

A portion of each ticket will benefit Fayette County Education Foundation

For more information please contact:
Terrell Wilson at 470.341.5308 OR terrell.wilson@Falcons.nfl.com

PILE ON YOUR FALL FAVES

SCORE FLEECE, JACKETS & MORE

SIDELINE STORE